



Garderie Kiddy Kat

## Activity Schedule – Daily Routine

18 months to 5 years old

Time	Activity
7:00-8:30	Welcome children. Free play and <b>breakfast</b> ** all children are together – educators take their groups at snack time**
8:30-8:50	Toilet, preparation for snack ** wash hands **
8:50-9:15	<b>Morning Snack – seasonal fruits served with water</b>
9:15-9:30	Circle Time & discussion of Theme (Calendar, songs, children share stories)
9:35-11:00	Science, numbers, writing, arts & craft, special activities (hip-hop, yoga, swimming, library, team sports) ** one activity per day/age appropriate** **pre-school**
11:00-11:15	Clean up & Hand washing
11:15-11:45	<b>Lunch – See our Menu</b> **baby and allergy alternatives are also offered **
11:45-12:10	Toileting & preparation for nap (2 years and up brush their teeth)
12:10-12:30	<b>Story Time</b>
12:30-2:15	Nap and rest time **preschool – 1 hour rest time – and are given quiet activities to do **
2:15-2:50	<b>Toilet routine</b>
2:50-3:15	Afternoon snack served with water
3:15-4:00	Indoor or outdoor activity (depends on temperature)
4:00-5:00	Group activities (social, cognitive, fine motor)
5:00-6:00	Centers (Cars, blocks, puzzles, fine motor, dress up, Lego etc. )