



Garderie Kiddy Kat

Activity Schedule – Daily Routine

3 months to 17 months old

Time	Activity
7:00-8:30	Welcome children. Free play and breakfast ** all children are together – educators take their groups at snack time**
8:30-8:50	Diaper change, preparation for snack ** wash hands **
8:50-9:15	Morning Snack – seasonal fruits served with water (cut up very small or puree for 8 months and under)
9:15-9:30	Circle Time & discussion of Theme (songs, hand movement, nurture)
9:35-10:15	Changing diaper
10:15-10:30	Visual activity & play, coloring, crafts introduction
10:30-11:00	Gross motor activities (crawl, climb, dance) or outdoors in a poupon bus
11:00-11:15	Preparation for lunch
11:15-12:00	Lunch – See our Menu **baby and allergy alternatives are also offered **
12:00 – 12:40	Diaper change, story time, preparations for nap ** soft music, dim lights **
12:30-2:15	Nap and Rest time ** some babies will nap twice a day ** <u>10 am nap and 1:00 pm nap</u>
2:30 – 3:00	Diaper change – hygiene routine
2:50-3:15	Afternoon snack served with water
3:00 – 3:30	Afternoon snack
3:30 – 4:30	Group activities (development appropriate)
4:30 – 6:00	See you tomorrow – directed free play ** diaper change, all children get together **